

# EDUCATIONAL SERVICE CENTER

of Lorain County

PARENT MENTOR PROGRAM MONTHLY NEWSLETTER SEPTEMBER 2022



### PARENT MENTOR PROGRAM

Welcome to Fall!

And while the 2022-2023 school year has been underway for a few weeks, it is never too late to build Parent-Teacher Partnerships. In this article from ADDitude, they share how to bridge the home-school gap. To read the article, click <u>HERE</u>.



Paula Drummer (440) 324-5777 ext. 1166 drummer@esclc.org Lorain County: Elyria, Firelands, Keystone, Sheffield-Sheffield Lake and Wellington Erie, Huron and Sandusky Counties: Bellevue, Norwalk and Monroeville

### CONNECTING FOR KIDS

Kendis Bender (440) 324-5777 ext. 1166 bender@esclc.org Lorain County: Amherst, Avon, Avon Lake, Columbia, Lorain, Midview, North Ridgeville, Oberlin

The Explosive Child Book Club 1st session – Oct. 1 (In person and others will be held online) Adapted Storytime Oct. 4 at North Ridgeville Library Speech and Language Consult Oct. 18 at North Ridgeville Library (and virtual) TO REGISTER FOR THE EVENTS, OR FOR MORE INFORMATION, CLICK <u>HERE</u>!

## PRESCHOOL

#### Let's chat!

Did you know that your child has been learning since they were born! And when you talk, read and sing with your child everyday you are helping your child's brain grow! Click <u>HERE</u> for a great resource that highlights fun tips to do every day with your child to get them interested in communicating with others!

# ELEMENTARY

Does your child have a hard tin making and keeping friend It's not uncommon for children have difficulty making friends, b this article (click <u>HERE</u>) fro ADDitudemag helps y understand why it is so hard a strategies to help your child bu

# Newsletter Highlights

Connecting For Kids Programs

Preschool Zone

**Elementary** Corner

Transition (14+)/High School

Reading

Learners with Complex Needs

Tip Corner

Local Resources/Events

### HIGH SCHOOL

#### Transition (14+)

It's never too early to begin building your child's independence skills. This article (click HERE) from Autism Parenting Magazine takes a look at some essential life skills and ways to help practice them.



Day by Day Ohio, a website, is a great tool for parents and caregivers to support early literacy skills. With a perpetual calendar featuring songs, activities, book suggestions, and videos, Day By Day Ohio supports early literacy skills and helps young children get ready for school. Check out Day By Day Ohio by clicking HERE!



## LEARNERS WITH COMPLEX NEEDS

As the parent of a child with complex needs, do you feel the need to do all the "right" therapies and treatments, even if it is exhausting? Do you sacrifice your own needs to provide care for your child? You are not alone.

Join Connecting for Kids (virtually) at 8:30 p.m. on Oct. 25 to learn tips for building confidence in our value as parents. The virtually conversation will also discuss the importance of caring for ourselves so that we can better meet the needs of our children. This program is not only for moms but for all caregivers.

To register for the virtual meeting, click HERE!



There are a lot of questions that go along with raising a student with a disability. From therapies, education, county services and much more! It is easy to get overwhelmed. The Arc of Ohio offers support for families and helps answer questions you may have with a variety of topics. Check them out by clicking **HERE**.

# LOCAL RESOURCES/EVENTS

### **Charting the LifeCourse**

The Charting the LifeCourse Framework was created by families to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. Individuals and families may focus on their current situation and stage of life but may also find it helpful to look ahead to think about life experiences that will help move them toward an inclusive, productive life in the future.

You and your child's vision is an imperative piece to IEP planning. Join us to learn how the Charting the LifeCourse framework and tools can support you in the IEP process. These sessions teach the tools and principles families need to support people at any age or stage of life, develop a vision for a good life, think about what they need to know, identify how to find or develop supports and discover what it takes to live the lives they want to live.

There are two options to chose from:

Option 1 Option 2

**IARK YOUR CALENDAR** 



#### **PUTTING IT ALL TOGETHER: Developing Real World Relationships and Opportunities** October 4, 2022, 9:00 am to 11:00 am

Discover and act on the interests of people you support.

- Learn how to use CtLC tools and strategies for:
- Resource-mapping
- Deep-diving into real-world Discovery
- Inventorying connections/networks you already have
- Developing a strategic plan for more community involvement and relationships



Presenters: Keith Banner, Community Life Engagement Project Lead, DODE Britta Hough, Community Life Engagement Project Manage Jenna Aller Transition to Adult Consultation, OCALI Celia Schloemer, Family Support, UCCEDD



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**Click here to register**